



NILASAILA INSTITUTE OF SCIENCE & TECHNOLOGY
SERGARH-756060, BALASORE (ODISHA)
(Approved by AICTE& affiliated to SCTE&VT, Odisha)



LESSON PLAN

SUBJECT: Th-1 (STRUCTURAL MECHANICS)

CHAPTER WISE DISTRIBUTION OF PERIODS

Sl.No.	Name of the chapter as per the Syllabus	No. of Periods as per the Syllabus	No. of periods actually needed
1	Review of Basic Concepts	4	5
2	Simple and Complex Stress, Strain	15	17
3	Stresses in Beams	10	12
4	Columns and Struts	4	4
5	Shear Force and Bending Moment	12	14
6	Slope and Deflection	10	10
7	Indeterminate Beams	10	10
8	Trusses and Frames	10	10
	Total Period:	75	82

Discipline: CIVIL ENGINEERING	Semester: 3rd	Name of the Teaching Faculty: Er. Kumar Swatiranjana	
		SESSION : 2023-24	EXAMINATION : 2023 (W)
Week	Class Day	Topics to be Covered	
1 st	1 st	1. Review Of Basic Concepts 1.1 Basic Principle of Mechanics: Force, Moment, support conditions, Conditions of equilibrium, C.G & MI, Free body diagram	
	2 nd	1.1 Basic Principle of Mechanics: Force, Moment, support conditions, Conditions of equilibrium, C.G & MI, Free body diagram	
	3 rd	1.2 Review of CG and MI of different sections	
	4 th	1.2 Review of CG and MI of different sections	
	5 th	1.2 Review of CG and MI of different sections	
2 nd	1 st	2. Simple And Complex Stress, Strain 2.1 Simple Stresses and Strains Introduction to stresses and strains: Mechanical properties of materials – Rigidity, Elasticity, Plasticity, Compressibility, Hardness, Toughness, Stiffness, Brittleness, Ductility, Malleability, Creep, Fatigue, Tenacity, Durability	
	2 nd	2.1 Simple Stresses and Strains Types of stresses -Tensile, Compressive and Shear stresses	
	3 rd	2.1 Simple Stresses and Strains Types of strains - Elongation and Contraction, Longitudinal and Lateral strains, Poisson's Ratio, Volumetric strain, computation of stress, strain, Poisson's ratio, change in dimensions and volume etc	
	4 th	2.1 Simple Stresses and Strains Hooke's law - Elastic Constants, Derivation of relationship between the elastic constants	
	5 th	2.1 Simple Stresses and Strains Hooke's law - Elastic Constants, Derivation of relationship between the elastic constants	
3 rd	1 st	2.2 Application of simple stress and strain in engineering field Behaviour of ductile and brittle materials under direct loads, Stress Strain curve of a ductile material	
	2 nd	2.2 Application of simple stress and strain in engineering field Limit of proportionality, Elastic limit, Yield stress, Ultimate stress, Breaking stress	
	3 rd	2.2 Application of simple stress and strain in engineering field Percentage elongation, Percentage reduction in area, Significance of percentage elongation and reduction in area of cross section	
	4 th	2.2 Application of simple stress and strain in engineering field Deformation of prismatic bars due to uniaxial load	
	5 th	2.2 Application of simple stress and strain in engineering field Deformation of prismatic bars due to its self weight	

4 th	1 st	2.2 Application of simple stress and strain in engineering field Deformation of prismatic bars due to its self weight
	2 nd	2.2 Application of simple stress and strain in engineering field Deformation of prismatic bars due to its self weight
	3 rd	2.3 Complex stress and strain Major and minor principal stresses and their orientations
	4 th	2.3 Complex stress and strain Major and minor principal stresses and their orientations
	5 th	2.3 Complex stress and strain Mohr's Circle and its application to solve problems of complex stresses
5 th	1 st	2.3 Complex stress and strain Mohr's Circle and its application to solve problems of complex stresses
	2 nd	2.3 Complex stress and strain Mohr's Circle and its application to solve problems of complex stresses
	3 rd	3. Stresses In Beams and Shafts 3.1 Stresses in beams due to bending Bending stress in beams – Theory of simple bending – Assumptions – Moment of resistance – Equation for Flexure– Flexural stress distribution
	4 th	3.1 Stresses in beams due to bending Curvature of beam – Position of N.A. and Centroidal Axis – Flexural rigidity – Significance of Section modulus.
	5 th	3.2 Shear stresses in beams Shear stress distribution in beams of rectangular, circular and standard sections symmetrical about vertical axis.
6 th	1 st	3.2 Shear stresses in beams Shear stress distribution in beams of rectangular, circular and standard sections symmetrical about vertical axis
	2 nd	3.3 Stresses in shafts due to torsion Concept of torsion, basic assumptions of pure torsion, torsion of solid and hollow circular sections, polar moment of inertia,
	3 rd	3.3 Stresses in shafts due to torsion Torsional shearing stresses, angle of twist, torsional rigidity, equation of torsion
	4 th	3.4 Combined bending and direct stresses Combination of stresses, Combined direct and bending stresses, Maximum and Minimum stresses in Sections
	5 th	3.4 Combined bending and direct stresses Conditions for no tension, Limit of eccentricity, Middle third/fourth rule
7 th	1 st	3.4 Combined bending and direct stresses Conditions for no tension, Limit of eccentricity, Middle third/fourth rule
	2 nd	3.4 Combined bending and direct stresses Core or Kern for square, rectangular and circular sections, chimneys, dams and retaining walls

7 th	3 rd	3.4 Combined bending and direct stresses Core or Kern for square, rectangular and circular sections, chimneys, dams and retaining walls
	4 th	3.4 Combined bending and direct stresses Core or Kern for square, rectangular and circular sections, chimneys, dams and retaining walls
	5 th	4. Columns and Struts 4.1 Columns and Struts, Definition, Short and Long columns, End conditions, Equivalent length / Effective length, Slenderness ratio
8 th	1 st	4.1 Axially loaded short and long column, Euler's theory of long columns
	2 nd	4.1 Critical load for Columns with different end conditions
	3 rd	4.1 Critical load for Columns with different end conditions
	4 th	5. Shear Force and Bending Moment 5.1 Types of loads and beams Types of Loads: Concentrated (or) Point load, Uniformly Distributed load (UDL)
	5 th	5.1 Types of loads and beams Types of Supports: Simple support, Roller support, Hinged support, Fixed support
9 th	1 st	5.1 Types of loads and beams Types of Reactions: Vertical reaction, Horizontal reaction, Moment reaction
	2 nd	5.1 Types of loads and beams Types of Beams based on support conditions: Calculation of support reactions using equations of static equilibrium
	3 rd	5.1 Types of loads and beams Types of Beams based on support conditions: Calculation of support reactions using equations of static equilibrium
	4 th	5.2 Shear force and bending moment in beams Shear Force and Bending Moment: Signs Convention for S.F. and B.M
	5 th	5.2 Shear force and bending moment in beams S.F and B.M of general cases of determinate beams with concentrated loads and udl only
10 th	1 st	5.2 Shear force and bending moment in beams S.F and B.M diagrams for Cantilevers beams
	2 nd	5.2 Shear force and bending moment in beams S.F and B.M diagrams for Simply supported beams and Over hanging beams
	3 rd	5.2 Shear force and bending moment in beams S.F and B.M diagrams for Simply supported beams and Over hanging beams
	4 th	5.2 Shear force and bending moment in beams Position of maximum BM, Point of contra flexure
	5 th	5.2 Shear force and bending moment in beams Relation between intensity of load, S.F and B.M.

11th	1st	INTERNAL ASSESMENT
	2nd	INTERNAL ASSESMENT
	3rd	5.2 Shear force and bending moment in beams Relation between intensity of load, S.F and B.M.
	4th	5.2 Shear force and bending moment in beams Relation between intensity of load, S.F and B.M.
	5th	6. Slope and Deflection 6.1 Introduction Shape and nature of elastic curve (deflection curve)
12th	1st	6.1 Introduction Shape and nature of elastic curve (deflection curve)
	2nd	6.1 Introduction Relationship between slope, deflection and curvature (No derivation)
	3rd	6.1 Introduction Relationship between slope, deflection and curvature (No derivation)
	4th	6.1 Introduction Importance of slope and deflection
	5th	6.2 Slope and deflection of cantilever and simply supported beams under concentrated and uniformly distributed load (by Double Integration method, Macaulay's method).
13th	1st	6.2 Slope and deflection of cantilever and simply supported beams under concentrated and uniformly distributed load (by Double Integration method, Macaulay's method).
	2nd	6.2 Slope and deflection of cantilever and simply supported beams under concentrated and uniformly distributed load (by Double Integration method, Macaulay's method).
	3rd	6.2 Slope and deflection of cantilever and simply supported beams under concentrated and uniformly distributed load (by Double Integration method, Macaulay's method).
	4th	6.2 Slope and deflection of cantilever and simply supported beams under concentrated and uniformly distributed load (by Double Integration method, Macaulay's method).
	5th	7. Indeterminate Beams 7.1 Indeterminacy in beams, Principle of consistent deformation/compatibility
14th	1st	7.1 Indeterminacy in beams, Principle of consistent deformation/compatibility
	2nd	7.1 Indeterminate Beams Analysis of propped cantilever
	3rd	7.1 fixed and two span continuous beams by principle of superposition
	4th	7.1 fixed and two span continuous beams by principle of superposition
	5th	7.1 fixed and two span continuous beams by principle of superposition

15th	1st	7.1 fixed and two span continuous beams by principle of superposition
	2nd	7.1 SF and BM diagrams (point load and udl covering full span)
	3rd	7.1 SF and BM diagrams (point load and udl covering full span)
	4th	7.1 SF and BM diagrams (point load and udl covering full span)
	5th	8. Trusses 8.1 Introduction Types of trusses, statically determinate and indeterminate trusses
16th	1st	8.1 Introduction Degree of indeterminacy, stable and unstable trusses
	2nd	8.1 Introduction Degree of indeterminacy, stable and unstable trusses
	3rd	8.1 Introduction advantages of trusses
	4th	8.2 Analysis of trusses Analytical method (Method of joints, method of Section)
	5th	8.2 Analysis of trusses Analytical method (Method of joints, method of Section)
17th	1st	8.2 Analysis of trusses Analytical method (Method of joints, method of Section)
	2nd	8.2 Analysis of trusses Analytical method (Method of joints, method of Section)
	3rd	8.2 Analysis of trusses Analytical method (Method of joints, method of Section)
	4th	8.2 Analysis of trusses Analytical method (Method of joints, method of Section)
	5th	Revision