



NILASAILA INSTITUTE OF SCIENCE & TECHNOLOGY  
SERGARH-756060, BALASORE (ODISHA)  
(Approved by AICTE& affiliated to SCTE&VT, Odisha)



### LESSON PLAN

**SUBJECT: Th-1 (STRUCTURAL MECHANICS)**

**Name Of The Faculty :-** Er. Kumar Swatiranjan

**Branch :-** Civil Engineering

**Session :-** 2024-25

**Semester :-** 3rd

**Examination :-** 2024 (w)

### CHAPTER WISE DISTRIBUTION OF PERIODS

Sl.No.	Name of the chapter as per the Syllabus	No. of Periods as per the Syllabus	No. of periods actually needed
1	Review of Basic Concepts	4	5
2	Simple and Complex Stress, Strain	15	17
3	Stresses in Beams	10	12
4	Columns and Struts	4	4
5	Shear Force and Bending Moment	12	14
6	Slope and Deflection	10	12
7	Indeterminate Beams	10	12
8	Trusses and Frames	10	10
	Total Period:	75	86

Sign of Faculty

Sign of H.O.D.

Discipline: CIVIL ENGINEERING	Semester: 3rd	Name of the Teaching Faculty: Er. Kumar Swatiranjan	
		SESSION : 2024-25	EXAMINATION : 2024 (W)
Week	Class Day	Topics to be Covered	
1 <sup>st</sup>	1 <sup>st</sup>	1. Review Of Basic Concepts 1.1 Basic Principle of Mechanics: Force, Moment, support conditions, Conditions of equilibrium, C.G & MI, Free body diagram	
	2 <sup>nd</sup>	1.1 Basic Principle of Mechanics: Force, Moment, support conditions, Conditions of equilibrium, C.G & MI, Free body diagram	
	3 <sup>rd</sup>	1.2 Review of CG and MI of different sections	
	4 <sup>th</sup>	1.2 Review of CG and MI of different sections	
	5 <sup>th</sup>	1.2 Review of CG and MI of different sections	
2 <sup>nd</sup>	1 <sup>st</sup>	2. Simple And Complex Stress, Strain 2.1 Simple Stresses and Strains Introduction to stresses and strains: Mechanical properties of materials – Rigidity, Elasticity, Plasticity, Compressibility, Hardness, Toughness, Stiffness, Brittleness, Ductility, Malleability, Creep, Fatigue, Tenacity, Durability	
	2 <sup>nd</sup>	2.1 Simple Stresses and Strains Types of stresses -Tensile, Compressive and Shear stresses	
	3 <sup>rd</sup>	2.1 Simple Stresses and Strains Types of strains - Elongation and Contraction, Longitudinal and Lateral strains, Poisson's Ratio, Volumetric strain, computation of stress, strain, Poisson's ratio, change in dimensions and volume etc	
	4 <sup>th</sup>	2.1 Simple Stresses and Strains Hooke's law - Elastic Constants, Derivation of relationship between the elastic constants	
	5 <sup>th</sup>	2.1 Simple Stresses and Strains Hooke's law - Elastic Constants, Derivation of relationship between the elastic constants	
3 <sup>rd</sup>	1 <sup>st</sup>	2.2 Application of simple stress and strain in engineering field Behaviour of ductile and brittle materials under direct loads, Stress Strain curve of a ductile material	
	2 <sup>nd</sup>	2.2 Application of simple stress and strain in engineering field Limit of proportionality, Elastic limit, Yield stress, Ultimate stress, Breaking stress	
	3 <sup>rd</sup>	2.2 Application of simple stress and strain in engineering field Percentage elongation, Percentage reduction in area, Significance of percentage elongation and reduction in area of cross section	
	4 <sup>th</sup>	2.2 Application of simple stress and strain in engineering field Deformation of prismatic bars due to uniaxial load	
	5 <sup>th</sup>	2.2 Application of simple stress and strain in engineering field Deformation of prismatic bars due to its self weight	



4 <sup>th</sup>	1 <sup>st</sup>	2.2 Application of simple stress and strain in engineering field Deformation of prismatic bars due to its self weight
	2 <sup>nd</sup>	2.2 Application of simple stress and strain in engineering field Deformation of prismatic bars due to its self weight
	3 <sup>rd</sup>	2.3 Complex stress and strain Major and minor principal stresses and their orientations
	4 <sup>th</sup>	2.3 Complex stress and strain Major and minor principal stresses and their orientations
	5 <sup>th</sup>	2.3 Complex stress and strain Mohr's Circle and its application to solve problems of complex stresses
5 <sup>th</sup>	1 <sup>st</sup>	2.3 Complex stress and strain Mohr's Circle and its application to solve problems of complex stresses
	2 <sup>nd</sup>	2.3 Complex stress and strain Mohr's Circle and its application to solve problems of complex stresses
	3 <sup>rd</sup>	3. Stresses In Beams and Shafts 3.1 Stresses in beams due to bending Bending stress in beams – Theory of simple bending – Assumptions – Moment of resistance – Equation for Flexure– Flexural stress distribution
	4 <sup>th</sup>	3.1 Stresses in beams due to bending Curvature of beam – Position of N.A. and Centroidal Axis – Flexural rigidity – Significance of Section modulus.
	5 <sup>th</sup>	3.2 Shear stresses in beams Shear stress distribution in beams of rectangular, circular and standard sections symmetrical about vertical axis.
6 <sup>th</sup>	1 <sup>st</sup>	3.2 Shear stresses in beams Shear stress distribution in beams of rectangular, circular and standard sections symmetrical about vertical axis
	2 <sup>nd</sup>	3.3 Stresses in shafts due to torsion Concept of torsion, basic assumptions of pure torsion, torsion of solid and hollow circular sections, polar moment of inertia,
	3 <sup>rd</sup>	3.3 Stresses in shafts due to torsion Torsional shearing stresses, angle of twist, torsional rigidity, equation of torsion
	4 <sup>th</sup>	3.4 Combined bending and direct stresses Combination of stresses, Combined direct and bending stresses, Maximum and Minimum stresses in Sections
	5 <sup>th</sup>	3.4 Combined bending and direct stresses Conditions for no tension, Limit of eccentricity, Middle third/fourth rule
7 <sup>th</sup>	1 <sup>st</sup>	3.4 Combined bending and direct stresses Conditions for no tension, Limit of eccentricity, Middle third/fourth rule
	2 <sup>nd</sup>	3.4 Combined bending and direct stresses Core or Kern for square, rectangular and circular sections, chimneys, dams and retaining walls

7 <sup>th</sup>	3 <sup>rd</sup>	3.4 Combined bending and direct stresses Core or Kern for square, rectangular and circular sections, chimneys, dams and retaining walls
	4 <sup>th</sup>	3.4 Combined bending and direct stresses Core or Kern for square, rectangular and circular sections, chimneys, dams and retaining walls
	5 <sup>th</sup>	4. Columns and Struts 4.1 Columns and Struts, Definition, Short and Long columns, End conditions, Equivalent length / Effective length, Slenderness ratio
8 <sup>th</sup>	1 <sup>st</sup>	4.1 Axially loaded short and long column, Euler's theory of long columns
	2 <sup>nd</sup>	4.1 Critical load for Columns with different end conditions
	3 <sup>rd</sup>	4.1 Critical load for Columns with different end conditions
	4 <sup>th</sup>	5. Shear Force and Bending Moment 5.1 Types of loads and beams Types of Loads: Concentrated (or) Point load, Uniformly Distributed load (UDL)
	5 <sup>th</sup>	5.1 Types of loads and beams Types of Supports: Simple support, Roller support, Hinged support, Fixed support
9 <sup>th</sup>	1 <sup>st</sup>	5.1 Types of loads and beams Types of Reactions: Vertical reaction, Horizontal reaction, Moment reaction
	2 <sup>nd</sup>	5.1 Types of loads and beams Types of Beams based on support conditions: Calculation of support reactions using equations of static equilibrium
	3 <sup>rd</sup>	5.1 Types of loads and beams Types of Beams based on support conditions: Calculation of support reactions using equations of static equilibrium
	4 <sup>th</sup>	5.2 Shear force and bending moment in beams Shear Force and Bending Moment: Signs Convention for S.F. and B.M
	5 <sup>th</sup>	5.2 Shear force and bending moment in beams S.F and B.M of general cases of determinate beams with concentrated loads and udl only
10 <sup>th</sup>	1 <sup>st</sup>	5.2 Shear force and bending moment in beams S.F and B.M diagrams for Cantilevers beams
	2 <sup>nd</sup>	5.2 Shear force and bending moment in beams S.F and B.M diagrams for Simply supported beams and Over hanging beams
	3 <sup>rd</sup>	5.2 Shear force and bending moment in beams S.F and B.M diagrams for Simply supported beams and Over hanging beams
	4 <sup>th</sup>	5.2 Shear force and bending moment in beams Position of maximum BM, Point of contra flexure
	5 <sup>th</sup>	5.2 Shear force and bending moment in beams Relation between intensity of load, S.F and B.M.



11 <sup>th</sup>	1 <sup>st</sup>	INTERNAL ASSESMENT
	2 <sup>nd</sup>	INTERNAL ASSESMENT
	3 <sup>rd</sup>	5.2 Shear force and bending moment in beams Relation between intensity of load, S.F and B.M.
	4 <sup>th</sup>	5.2 Shear force and bending moment in beams Relation between intensity of load, S.F and B.M.
	5 <sup>th</sup>	6. Slope and Deflection 6.1 Introduction Shape and nature of elastic curve (deflection curve)
12 <sup>th</sup>	1 <sup>st</sup>	6.1 Introduction Shape and nature of elastic curve (deflection curve)
	2 <sup>nd</sup>	6.1 Introduction Relationship between slope, deflection and curvature (No derivation)
	3 <sup>rd</sup>	6.1 Introduction Relationship between slope, deflection and curvature (No derivation)
	4 <sup>th</sup>	6.1 Introduction Importance of slope and deflection
	5 <sup>th</sup>	6.2 Slope and deflection of cantilever and simply supported beams under concentrated and uniformly distributed load (by Double Integration method, Macaulay's method).
13 <sup>th</sup>	1 <sup>st</sup>	6.2 Slope and deflection of cantilever and simply supported beams under concentrated and uniformly distributed load (by Double Integration method, Macaulay's method).
	2 <sup>nd</sup>	6.2 Slope and deflection of cantilever and simply supported beams under concentrated and uniformly distributed load (by Double Integration method, Macaulay's method).
	3 <sup>rd</sup>	6.2 Slope and deflection of cantilever and simply supported beams under concentrated and uniformly distributed load (by Double Integration method, Macaulay's method).
	4 <sup>th</sup>	6.2 Slope and deflection of cantilever and simply supported beams under concentrated and uniformly distributed load (by Double Integration method, Macaulay's method).
	5 <sup>th</sup>	6.2 Slope and deflection of cantilever and simply supported beams under concentrated and uniformly distributed load (by Double Integration method, Macaulay's method).
14 <sup>th</sup>	1 <sup>st</sup>	6.2 Slope and deflection of cantilever and simply supported beams under concentrated and uniformly distributed load (by Double Integration method, Macaulay's method).
	2 <sup>nd</sup>	7. Indeterminate Beams 7.1 Indeterminacy in beams, Principle of consistent deformation/compatibility
	3 <sup>rd</sup>	7.1 Indeterminacy in beams, Principle of consistent deformation/compatibility
	4 <sup>th</sup>	7.1 Indeterminate Beams Analysis of propped cantilever

14 <sup>th</sup>	5 <sup>th</sup>	7.1 Indeterminate Beams Analysis of propped cantilever
15 <sup>th</sup>	1 <sup>st</sup>	7.1 fixed and two span continuous beams by principle of superposition
	2 <sup>nd</sup>	7.1 fixed and two span continuous beams by principle of superposition
	3 <sup>rd</sup>	7.1 fixed and two span continuous beams by principle of superposition
	4 <sup>th</sup>	7.1 fixed and two span continuous beams by principle of superposition
	5 <sup>th</sup>	7.1 SF and BM diagrams (point load and udl covering full span)
16 <sup>th</sup>	1 <sup>st</sup>	7.1 SF and BM diagrams (point load and udl covering full span)
	2 <sup>nd</sup>	7.1 SF and BM diagrams (point load and udl covering full span)
	3 <sup>rd</sup>	7.1 SF and BM diagrams (point load and udl covering full span)
	4 <sup>th</sup>	8. Trusses 8.1 Introduction Types of trusses, statically determinate and indeterminate trusses
	5 <sup>th</sup>	8.1 Introduction degree of indeterminacy, stable and unstable trusses
17 <sup>th</sup>	1 <sup>st</sup>	8.1 Introduction degree of indeterminacy, stable and unstable trusses
	2 <sup>nd</sup>	8.1 Introduction advantages of trusses
	3 <sup>rd</sup>	8.2 Analysis of trusses Analytical method ( Method of joints, method of Section)
	4 <sup>th</sup>	8.2 Analysis of trusses Analytical method ( Method of joints, method of Section)
	5 <sup>th</sup>	8.2 Analysis of trusses Analytical method ( Method of joints, method of Section)
18 <sup>th</sup>	1 <sup>st</sup>	8.2 Analysis of trusses Analytical method ( Method of joints, method of Section)
	2 <sup>nd</sup>	8.2 Analysis of trusses Analytical method ( Method of joints, method of Section)
	3 <sup>rd</sup>	8.2 Analysis of trusses Analytical method ( Method of joints, method of Section)
	4 <sup>th</sup>	Revision
	5 <sup>th</sup>	Revision

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